

**BA IV SEMESTER EXAMINATION SEPTEMBER 2022
PHYSICAL EDUCATION**

OPEN ELECTIVE

Instructions

1. Answer any 5 questions of which Q. No. 7 is compulsory
2. All questions carry equal marks

Q. No. 1		4
Q. No. 2		4
Q. No. 3		4
Q. No. 4		4
Q. No. 5		4
Q. No. 6		4
Q. No. 7.	Write short notes for any two of the following:	2 x 2 = 4
	(a)	
	(b)	
	(c)	
	(d)	

PRACTICAL EXAM

Unit 3

Any one physical fitness test – 5 marks

Other activities (Swiss ball exercise, calisthenics, one test for physical fitness) any one – 5 marks

Unit 4

Any one game – 5 marks

Other activity – Aerobics/Pilates/Fitness with apparatus/Karate (any one) – 5 marks