


MANGALORE UNIVERSITY
Department of Biosciences
M.Sc. Food Science and Nutrition

PRACTICALS

FNP 507 CLINICAL NUTRITION AND DIETETICS – I

Course outcome:

- Write down the different compositions of human urine.
- Estimate the constituents of urine by quantitative analysis
- Calculate the nutritional requirements of various diseases and abnormality.
- Plan and prepare various therapeutic diets.

1) Quantitative test – Urine analysis - Creatinine, Urea, Sugar

2) Dietary management for the following conditions:

- Fever
- Burns
- Diarrhea

- Underweight
- Obesity
- Diabetes mellitus

- Peptic ulcer
- Constipation



Maintaining a ready reckoner of samples prepared in the lab