



# MANGALORE UNIVERSITY

## Department of Social Work

### Master of Social Work (MSW)

#### Paper SWH 403: WORKING WITH GROUPS

##### Objectives:

- Develop awareness about the specific characteristics of Group Work and its contributions as a method of social work intervention.
- Gain knowledge about group formation and the use of a variety of group approaches.
- Develop understanding of concepts, dynamics and small group theory in relation to all types of groups, e.g. family, staff, committee, long-term client groups.
- Identify the various situations and settings where the method could be used, in the Context of social realities of the country.

##### Course Content:

#### UNIT-I

**Understanding Concepts of Social Group Work:** Definition, Objectives, Scope, Purpose, Characteristics, History and Development of Social Group Work, Types of Groups in Group work Practice: Educational, Growth oriented, Remedial, Socialization, Task (committees, teams and councils), Therapeutic groups, Support groups- Stages of Group Development: Pre- affiliation, Power and Control, Intimacy, Differentiation, Separation.

#### UNIT-II

**Distinctive Principles of Social Group Work:** Process of Social Group work: Intake, study, analysis and assessment, negotiating contracts, treatment, evaluation, termination- Principles of social Group Work, Values in social group

#### UNIT-III

**Factors of Group Formation:** Selection of members, Goal formation, Contract for work, Dynamics of Group work: Bond, Subgroups, Role, Leadership, Isolates, Scapegoats, New comer, conflicts, decision making, group control, hostility, behavior contagion, Tools and Techniques of Group work, uses of relationships, conflict resolution, Verbal and nonverbal communication

#### UNIT-IV

**Programme Planning:** concept of programme, Importance of programme in group work practice, skills of group worker for group development, programme planning and implementation and programme evaluation, methods of group work: brainstorming, buzz group, role play, camps.

#### UNIT-V

**Group work in various setting: role of group worker in various setting:** schools, hospitals, industries, communities. Training volunteers in social group work, Group work Recording and Evaluation: principles, importance, types and technique

## References:

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- Ronald W. Toseland, Robert F. Rivas 2011 An Introduction to Group work Practice, Pearson; 7 edition .
- Sanjay Roy 2102 Field work in social work , Rawat Publication
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- David Capuzzi, Douglas R. Gross and Mark D. Stauffer 2010 Introduction to Group Work , Rawat Publication
- Charles H. Zastrow , 2010 Rogers, Carl 1970 Social work with Groups , Rawat Publication Encounter Groups, New York, Evanston , San Francisco, London : Harper & Routledge & Kegan Paul
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