# Department of Social Work

# Master of Social Work (MSW)

# Paper SWS 404: DYNAMICS OF HUMAN BEHAVIOUR

# **Objectives:**

- Understand the fundamental components of human behavior.
- Gain insight into factors contributing to development of personality.
- Understand growth and development of individual at various stages in the life span.
- Understand the processes of adjustment and not-adjustment and its impact on human behavior

# **Course Contents:**

# **UNIT-I**

**Nature and Scope of Human Behavior:** Concept of Human Behavior; Various definitions of Psychology; motivation; Normal, abnormal, clinical, educational, industrial, experimental, developmental, child and adult psychology. Methods of Psychology, Application of psychology for social workers.

#### UNIT-II

Factors Influencing Human Behavior and Theories of Human Development: Heredity-concept, mechanism and influence of heredity on human behavior; Environment – concept and influence of social, physical and family environment; The self and the self concept; Freud's Psycho-Sexual theory; Erickson's psycho-social theory; Adler's theory.

# **UNIT-III**

**Psychological Processes in Behavior:** Basic human needs: Physical, psychological and intellectual needs; Needs and Motives; Emotions; Perception; Intelligence; Learning and motivation; Theories of Motivation and their relevance in Social Work. Personality: Definition, nature, types and assessment of personality.

#### **UNIT-IV**

**Social Biases of Behavior and Adjustment:** Social perception –attitudes, prejudices, biases, stereotyping; Individuals in groups–group norms, group conformity vs. deviation; Propaganda, rumours and the social affects.

# **UNIT-V**

**Adjustment and maladjustment:** Concept and factors of adjustment, Stress: concept, types of stress- frustration, conflict and pressure. Coping mechanism: task oriented and defence oriented mechanisms. Indigenous approaches: Yoga and meditation

#### **References:**

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Challenges Excel Books New Delhi

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Afsaneh, Nahavandi 2015 Organisational Behaviour, Sage New Delhi

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