

DEPARTMENT OF BIOSCIENCES

MSc Food Science & Nutrition

FNE 464 FOOD PRESERVATION

39 Hr (13× 3 units)

Course outcome:

- Describe different processing and food preservation techniques based on different food materials
- Identify food processing techniques, various methods used to preserve foods and factors influencing the shelf-life of the food products.
- Identify different packaging techniques used for food packaging.
- Describe the effects of different processing techniques on palatability and nutritive value of food.

Unit I: Principles of food preservation, methods of food preservation, Asepsis, removal of micro-organisms, maintenance of aseptic condition, classification of food for processing, chemicals in food preservation, food irradiation, concept of hurdle technology, Microwave heating,

Unit II: Preservation of food by high temperature-Pasteurization, sterilization, Canning. Preservation by low temperature-refrigeration, freezing, freeze drying, freezer burn

Unit III: Food dehydration and concentration: methods of drying and concentration, equipments for drying/dehydration, factors affecting drying process

REFERENCES

- 1. Desrosier N W & JN Desrosier The Technology of Food Preservation, AVIPublication
- 2. Potty VH. & BM J Mulki, Food Processing- Oxford & IBHPublications
- 3. Swaminathan MS Food Science & Experimental Foods—Ganesh&Co
- 4. Srilakshmi B. Food Science, New Age International publication
- 5. Frank AP, Modern Processing, Packaging & Distribution System for Food, AVI Van nonstandReinhold.