

DEPARTMENT OF BIOSCIENCES

MSc Food Science & Nutrition

FNP 512 FUNCTIONAL FOODS

Course outcome:

- Describe functional food and its role in treating diseases.
- Estimate the secondary metabolites produced by the plant sources using laboratory techniques.
- Identify the process of development of probiotic and prebiotic food product.
- List out the naturally occurring phytochemicals and also their quantification in food.
- 1) Anti-oxidant content in kokum
- 2) Estimation of polyphenols in different tea infusions
- 3) Development of a probiotic yoghurt
- 4) Development of a prebiotic food product
- 5) Survey of intake of functional foods by patients suffering from non-communicable disorders



