

Mangalore University

M.Sc. in Yogic Science

Sl.No	Name of the student	Register Number	Title	Guide
1.	Mr. Adithya Krishna M	175196401	Enhancement of Musculoskeletal – Health Related Quality of Life in Rural Community Through Yoga Therapy	Dr. Udayakumara K.
2.	Mr. Amiya Das	175196402	Improvement of Physical Health and Enhancement of Musculoskeletal Function through Yoga in Rural Community	Dr. Udayakumara K.
3.	Ms. Ashura	175196403	Effect of Selected Yogic Practices on Attention level in School Children	Dr. ThirumaleshwaraPrasada H.
4.	Ms. Ashwini K.	175196404	Efficacy of Yoga Therapy on Migraine and Haemoglobin level among girls.	Dr. K. Krishna Sharma
5.	Ms. BhavishaGolkulan	175196405	Effect of Yoga Nidra on Sleep Quality and Sleep Disorders	Dr. Udayakumara K.
6.	Mr. FakkeereshDandin	175196406	The Effect of Selected Yogic Practices on Underweight	Dr. K. Krishna Sharma
7.	Mr. GopalakrishnaHangari	175196408	Improvement of Memory among Asolescent School children Through Yogic Intervention	Dr. ThirumaleshwaraPrasada H.
8.	Mr. Gurukiran M.S.	175196409	The Effect of Yoga Therapy on Selected Underweight	Dr. ThirumaleshwaraPrasada H.

9.	Mr. Harish S.	175196410	The Effect of Yoga Therapy on Overweight and Obese People	Dr. ThirumaleshwaraPrasada H.
10.	Ms. Hitha M.P.	175196411	The Effect of Selected Yogic Practices on obese and overweight village people	Dr. ThirumaleshwaraPrasada H.
11.	Ms. Jaisri V.	175196412	Efficacy of Yoga Therapy in Regularizing Menstrual Cycle	Dr. ThirumaleshwaraPrasada H.
12.	Mr. Jobin K.	175196413	The Effect of Yoga on Perceived Stress level of University Students	Dr. Udayakumara K.
13.	Mr. Kailas K. Nair	175196414	Effect of Yoga Therapy on Anxiety among the Post – Graduate Male Hostel Students	Dr. Udayakumara K.
14.	Ms. Lakshmi K.S.	175196415	The Effect of Yoga on Attention deficit and Hyperactivity disorder with personality development in school children	Dr. K. Krishna Sharma
15.	Ms. Mali Kheawcha UM	175196416	The Effect of Selected Yogic Practices on Anxiety and Cognitive Processing Speed	Dr. ThirumaleshwaraPrasada H.
16.	Mr. Prakash	175196417	Effect of Yoga Therapy on Over Weight in Post Graduate Students of Boys Hostel	Dr. Udayakumara K.
17.	Mr. Santhosh G.	175196418	A Study o Effect of Yoga Therapy on Memory Power and Stress in High School Students	Dr. ThirumaleshwaraPrasada H.
18.	Ms. Savitha K	175196419	The Effect of Selected Practices in the Management of Psychological Distress Level in School Children	Dr. K. Krishna Sharma
19.	Ms. ShanthaKumari P.S.	175196420	The Effect if Selected Yoga Practices on	Dr. K. Krishna Sharma

			Hemoglobin Level	
20.	Mr. VinayakIrayyaSankad	175196421	A Study on the Effect of Selected Yogic Practices on Blood Pressure	Dr. K. Krishna Sharma

(Dr. K Krishna Sharma)

