REGULATIONS GOVERNING THE POST-GRADUATE DIPLOMA PROGRAMME IN YOGA THERAPY

(Framed under Section 44(1) and Section 4(i) of the KSU Act 2000)

1. TITLE AND COMMENCEMENT:

- i) These regulations shall be called "The regulations governing the Post- Graduate Diploma Programme in Yoga Therapy"
- ii) These regulations shall come into effect from the date of assent of the Chancellor.

2. ELIGIBILITY:

The candidates who have passed bachelor's degree examination of Mangalore University or any other university considered as equivalent thereto by Mangalore University are eligible for admission.

3. DURATION:

The Post-Graduate Diploma programme in yoga therapy shall be of one academic year and the programme shall be conducted under the correspondence programme of the University.

4. MEDIUM OF INSTRUCTION / EXAMINATION:

The Medium of instruction / examination shall be in English/Kannada.

5. CONTACT PROGRAMME:

There shall be two contact programmes of 21 day's duration in a year. The candidate will be required attend both the contact programmes. Seminars, discussions and inter-active sessions will be part and parcel of the contact programme.

6. SUBJECTS OF STUDY:

An introduction to Yoga, Human Biology (Basics), Principle and Basis of Yoga Therapy - I, Principle and Basis of Yoga Therapy - II, Practical - I Kriya and Asanas, Practical - II Asana, Bandha, Mudra and Pranayama etc. and any other subjects introduced from time to time.

7. SCHEME OF EXAMINATION:

	Duration	Marks		
		Theory	Internal Assessment (Assignment)	Total
Paper I	3 hrs.	80	20	100
Paper II	3 hrs.	80	20	100
Paper III	3 hrs.	80	20	100
Paper IV	3 hrs.	80	20	100
Total	<u></u>	1	1	400
Practicals				
Paper V	4 hrs.	80	20	100
Paper VI	4 hrs.	80	20	100
Total				200
Grand Total				600

8. INTERNAL ASSESSMENT:

Marks for internal assessment shall be awarded on the basis of assignments. Students shall submit two assignments of 10 marks each in each paper of study which shall be evaluated by the faculty concerned. The internal assessment marks shall be forwarded to the Registrar (Evaluation) atleast 15 days before the commencement of the annual examinations.

9. **REGISTRATION FOR EXAMINATION:**

A candidate shall register for all the papers of the programme when he/she appears for the examination for the first time. If he/she fails in all or in any one of the papers, he/she shall take the examinations subsequently when offered.

10. MINIMUM FOR PASS:

No candidate shall be declared to have passed in a examination unless he/she obtains not less than 40% marks in each paper and 50% marks in the aggregate of theory and internal assessment marks put together.

11. CLASSIFICATION OF SUCCESSFUL CANIDATES:

- i) The results of successful candidates shall be classified on the basis of aggregate marks obtained.
- ii) The candidates who pass all the examinations in the first attempt are eligible for rank provided they secure 60% and above marks.

iii) Successful candidates will be placed in divisions after clubbing the marks obtained in the theory and practicals.

Percentage of marks for declaring class:

Distinction	75% and above
First Class	70% and above but less than 75%
Pass and Second Class	50% and above but less than $70%$

12. **REJECTION OF RESULTS:**

- i) A candidate who fails in one or more papers may be permitted to reject the result of the whole examination. Rejection of result paper wise shall not be permitted. A candidate who rejects the results shall appear for the examination of that year in the subsequent examination.
- ii) Rejection shall be exercised only once and the rejection once exercised cannot be revoked.
- iii) Application for rejection along with payment of the prescribed fee shall be submitted to the Director of Distance Education together with the original statement of marks within 30 days from the date of publication of the result.
- iv) A candidate who rejects the result is eligible for only class and not for ranking.

13. IMPROVEMENT OF RESULTS:

- i. A candidate who has passed in all the papers may be permitted to improve the result by reappearing for all the papers of the whole examination.
- ii. The reappearance shall be permitted only once.
- iii. The reappearance for the examination of any year is permitted during the subsequent examination of that year.
- iv. Application for improvement along with payment of prescribed fee shall be submitted to the Director of Correspondence Education together with the original statement of marks within 30 days from the date of publication of the result.
- v. If the candidate passes in all the subjects in reappearance, higher of the two aggregate marks secured by the candidate shall be awarded to the candidate. In case the candidate fails in the reappearance, candidate shall retain the first appearance result.
- vi. A candidate who has appeared for improvement is eligible for only class and not for ranking.

- 14. The internal assessment marks once awarded shall be final. Internal assessment marks shall be shown separately in the marks card. A candidate who fails in the examination or who has rejected the results takes the examination again or who has appeared for improvement shall retain the internal assessment marks already awarded.
- **15.** If the above regulations do not cover any of the provisions of the programme, the interpretation of the general regulations of P.G. programme shall apply.

(Assented by the Chancellor on 17.9.2009 as communicated in Government letter No.ED 12 UDS 2008 dated 3.10.2009 and notified under Notification No.MU/ ACC/ CR.61/ 2007-08/A2, dated 23.10.2009)

Sd/-REGISTRAR