

Programme	Semester	Subject Code	Subject Name	Date of Exam	Start Time	End Time	Remark
M.Sc Yogic Science	I	YSH 401	Foundation of Yogic Science - I	27-03-2023	10.00 AM	1.00 PM	
		YSH 402	Foundation of Yogic Science - II	29-03-2023	10.00 AM	1.00 PM	
		YSH 403	Basics Relevant to Yogic Science - I	31.03.2023	10.00 AM	1.00 PM	
		YSH 404	Human Biology - I	04-04-2023	10.00 AM	1.00 PM	
		YSP 405	Practical - I: Kriyas and Asanas				
				Batch 1	21-03-2023	8.00 AM	5.00 PM
				Batch 2	23-03-2023	8.00 AM	5.00 PM
		YSP 406	Practical - II: Asanas				
				Batch 1	24-03-2023	8.00 AM	5.00 PM
				Batch 2	25-03-2023	8.00 AM	5.00 PM
	III	YSE 507	Scientific Approach of Yoga	20-03-2023	10.00 AM	1.00 PM	
		YSH 501A	Basics of Integral Approach to Yogic Science - II	27-03-2023	10.00 AM	1.00 PM	
		YSS 502A	Basic Principles of Yoga Therapy	29-03-2023	10.00 AM	1.00 PM	
		YSS 503A	Modern Approach of Health System	31.03.2023	10.00 AM	1.00 PM	
		YSS 504A	Yoga Therapy Practices	04-04-2023	10.00 AM	1.00 PM	
		YSP 505A	Practical - V: Bandhas and Mudras	24-03-2023	8.00 AM	5.00 PM	
		YSP 506A	Practical - VI: Pranayama & Meditation	25-03-2023	8.00 AM	5.00 PM	

APPROVED


 Registrar (Evaluation)
 Mangalore University
 Mangalagangothri
