

III SEMESTER – SPECIALISATION – V (SWAC)
SWS - 506: INTRODUCTION TO ADDICTION DISORDERS

PROGRAMME OUTCOME:

Course Specific Objectives:

- Understand the concept of addiction & the various forms
- Describe common drugs and substance abuse and behavioural addiction
- Understand the consequences of addiction
- Know the Impact of substance abuse disorders
- Develop understanding on Treatment and Prevention aspects of addiction

Course contents:

UNIT – I

Basic biology of addiction: Drug Use History: Commonly used Psychotropic Substance Alcohol, opium, cocaine, marijuana, Sedatives & Hypnotics, Inhalants (Eg., Volatile Solvents), Nicotine, Other Stimulants; Definition of Substance Abuse and Addiction; Symptoms of Addiction: According to International classification of diseases and DSM V. Different types of treatment approaches to handle addiction disorders

UNIT - II

Alcohol Dependence and Disorders: Psychiatric Disorders due to Alcohol Dependence, Symptoms, Relapse and Warning signs of relapse, Complications of Alcohol on physical, mental health, socio-occupation and family, Treatment and Rehabilitation services.

UNIT – III

Drug Dependence and Disorders: Pharmacological Classifications of Drugs, Signs and Symptoms; Legal and illegal drugs: Prescription Drug Abuse: Sedatives, Injectable drugs, and Tablets. Nicotine, Inhalants / Volatile; Opioids, Cannabis, and other substances.

UNIT - IV

Behavioural Addiction: Meaning, different types: Internet Addiction, Sex Addiction, Gambling, Video Game Addiction; Signs and symptoms of addiction, Treatment.

UNIT - V

Treatment for Addiction: Symptoms, Impact: physical and psychological dependence, Treatment Options, Rehabilitation, Prevention: Primary, Secondary and Tertiary. Agencies concerned with Alcohol-Related Problems: Alcoholic Anonymous (AA), Al-Anon, Al-Teen

Reference:

Nady el-Guebaly Giuseppe Carrà Marc Galanter (Editors) Textbook of Addiction Treatment: International Perspectives Springer USA

Leonard A. Jason, Bradley D. Olson, Karen J. Foli (2008) Rescued Lives- Oxford House Approach to Substance Abuse Taylor & Francis Inc USA

DebasishBasu P.K. Dalal Y.P.S. Balhara (Ed) (2016) Clinical practice guidelines on Newer and Emerging Addictive Disorders in India, Indian Psychiatric Society INDIA

Joyce H. Lowinson Lippincott Williams & Wilkins, (2005) Substance Abuse: A Comprehensive Textbook LippcotWillims and Wicort USA

Steven L. Jaffe (2000) Staff Manual for Adolescent Substance Abuse Intervention Workbook :Taking a First Step AMER PSYCHIATRIC PR USA

Barbara S. McCrady, Elizabeth E. Epstein (2008) Overcoming Alcohol Problems A Couples-Focused Program, Therapist Guide Oxford University Press Inc USA

Yates, Rowdy; Malloch, Margaret S (2010) Tackling addiction: pathways to recovery Jessica Kingsley Publishers

