

III SEMESTER - SPECIALISATION-IV (GSW)

SWS- 510: PSYCHOSOCIAL ASPECTS OF AGEING PROGRAMME OUTCOME:

Course Specific Objectives:

- Know the Indian culture and ageing
- Identify the relationship between the demographic structure and impact on ageing
- Understand different perspectives of ageing
- Develop appropriate understanding on quality of life and wellbeing of the elderly.
- Know the different policies and legislations for the elderly in India.

Course Contents:

UNIT – I

The Culture, Society and Ageing: Traditional Indian Families and Position of Elderly; Stages of life and tasks of older people in Indian Culture. Significance and influence of ethnicity on social aspects of ageing; Social changes and the affect on ageing;

UNIT - II

Perspectives of Ageing: Theories of Ageing: Disengagement theory, Activity Theory, Continuity Theory: Definitions and critical reflection of these theories to understand ageing and to promote healthy ageing in community. Understanding ageing from the perspective of Eric Erickson's Psychosocial Theory: Developmental needs of elderly as per this theory and coping strategies.

UNIT - III

Social, Psychological and Cognitive Ageing: The impact of ageing on the individual and family. Cost of self-care and caring an elderly. Later life transitions: in roles, relationships and identities; in environment, living arrangements and social participation; Cognitive abilities in later life; Factors influencing the cognitive ageing; Social isolation and Bereavement. Ageing and Individual Adjustment. The impact of Socio-economic status and gender on life style, emotional maturity, anxiety and Religiosity of the Aged; Social Adjustment: Emotional adjustment and social maturity.

UNIT - IV

Quality of life and wellbeing: Domains of the quality of life; Gender, Education, Occupation, Poverty, Resources available in the society and health care systems; Wellbeing in older people; Psychological wellbeing as a determinant of physical health at older ages; Physical illness as a determinant of impaired psychological wellbeing.

UNIT - V

Legislations, Policies and Programmes for the welfare elderly in India: The Maintenance and Welfare of Parents and Senior Citizens Act 2007: Significant Implications for the welfare of Senior Citizens in India.

Reference:

Linda K George and Kenneth F.Ferraro (2006) Handbook of Ageing and the Social Sciences, 8th edn, (eds), Academic Press/Elsevier San Diego (CA)

Barbara Bertman K.L Sharma J Denial B Kaplan (2015) “Social Work in Health and Ageing – Global Perspectives Rawat Publications

Niall Ferguson (2018)The Great Degeneration Audi Books

Dale Dannefer and Chris Phillipson (Ed) (2016) The SAGE Handbook of Social Gerontology Sage publication California USA

John Bond ,Sheila M Peace Freya Dittmann-Kohli GerbenWesterhof - Ageing in Society(THIRD ED) Sage publication California USA

Shankardass, Mala Kapur (2015) Ageing Issues and Responses in India: A SynopsisSpringer

Kaushik, Archana(2015)Addressing Marginalization Among the Elderly: A Social Work Perspective Splinger

Ambali, Anand (2016) Preventive Geriatrics—A Way Towards Active Ageing

Mathew, Biju (2018)Age-Friendly Initiatives Splinger

Gangadharan, K. R.(2017) Ageing Policies and Programmes in IndiaSpringer

Dhillon, P. K. (1992). Psycho-social aspects of Ageing in India. Concept publishing company.

