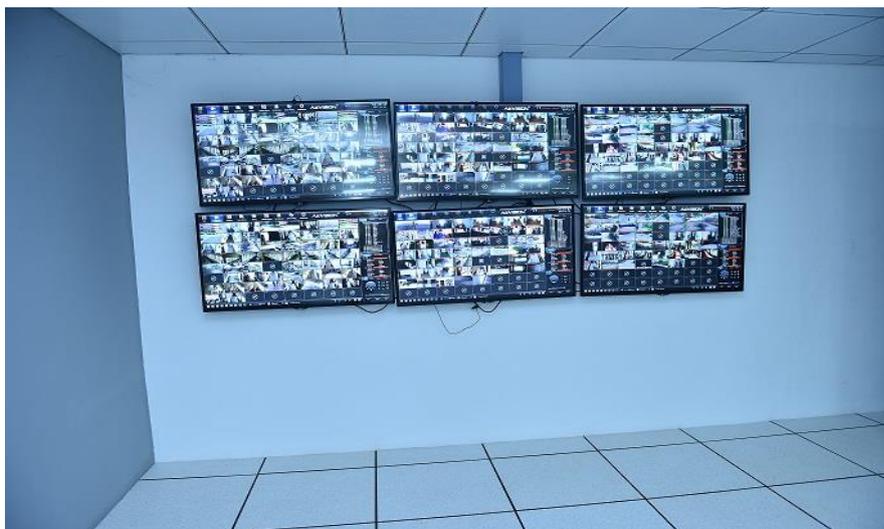
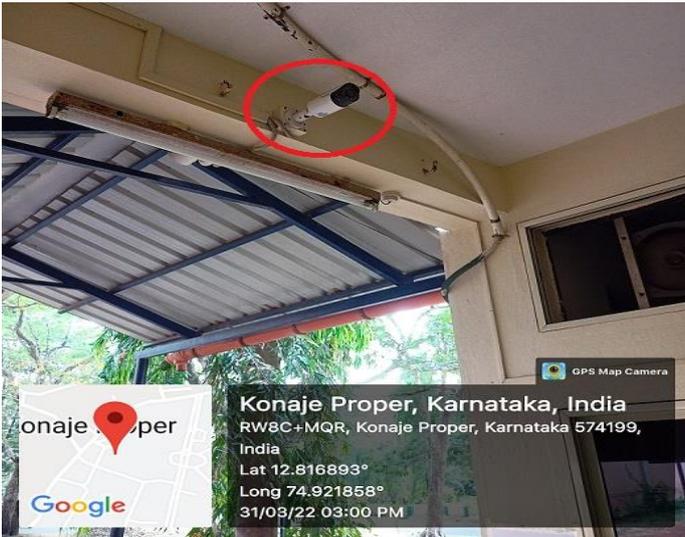


7.1.1 Specific facilities provided for women

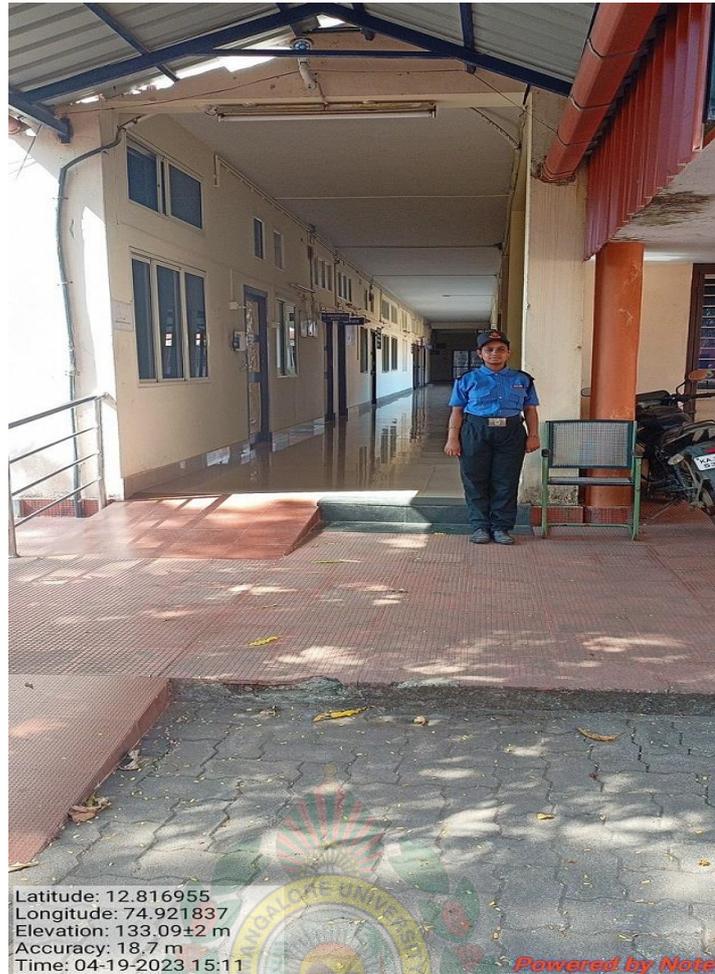
Sl.No.	Page No.
1. Safety and security	
1.1 CCTV Cameras in campus	2
1.2 24 x 7 Security personnel	3
1.3 Medical Facility in campus	4
1.4 Student Grievance Redressal Mechanism	5
1.5 SPARSH Committee	6 - 7
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2. Counselling	
2.1 Appointment order of Counsellor	10 - 11
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4. Day Care Centre	15
5. Any other relevant information	
5.1 Child Care Leave	16 - 17
5.2 Yoga and Fitness Centre	18

1. Safety and security

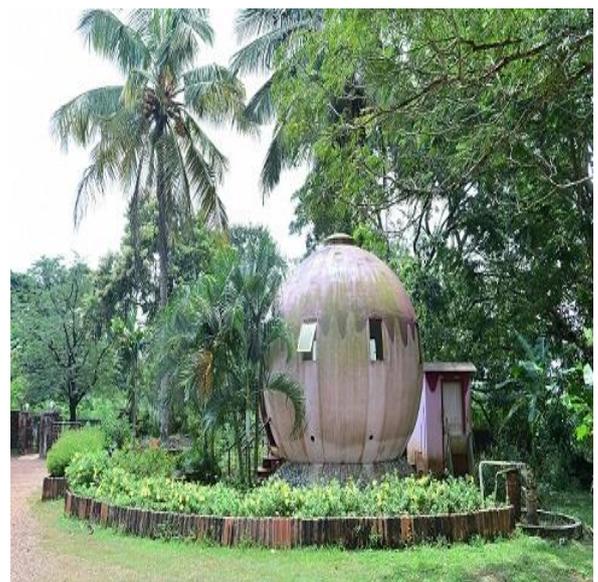
1.1 CCTV Cameras in campus



1.2 24 x 7 Security personnel



Single entry point with 24 x 7 security personnel



1.3 Medical Facility in campus



<https://mangaloreuniversity.ac.in/health-centre>



1.4 Student Grievance Redressal Mechanism

MANGALORE UNIVERSITY
MANGALAGANGOTTHRI - 574199
Prepared as per the UGC direction
D.O.No. F.1-1/2013(PG) Dated 5th February, 2019

STUDENTS' GRIEVANCE REDRESSAL MECHANISM

Attention Dear Students!

If You find the following has occurred you may please contact the numbers given below.

- (i) Making admission contrary to merit determined in accordance with the declared admission policy of the institute;
- (ii) Irregularity in the admission process adopted by the institute;
- (iii) Refusing admission in accordance with the declared admission policy of the institute;
- (iv) Non publication of prospectus, as specified;
- (v) Publishing any information in the prospectus, which is false or misleading, and not based on facts;
- (vi) Withhold or refuse to return any document in the form of certificates of degree, diploma or any other award or other document deposited with it by a person for the purpose of seeking admission in such institution, with a view to induce or compel such person to pay any fee or fees in respect of any course or program of study which such person does not intend to pursue;
- (vii) Demand of money in excess of that specified in the declared admission policy or approved by the competent authority to be charged by such institution;
- (viii) Breach of the policy for reservation in admission as may be applicable;
- (ix) Complaints, or alleged discrimination of students, from the Scheduled Castes, the Scheduled Tribes, Other Backward Classes, Women, Minority or Disabled categories;
- (x) Non payment or delay in payment of scholarships to any student that such institution is committed, under the conditions imposed by University Grants Commission, or by any other authority;
- (xi) Delay in conduct of examinations or declaration of results beyond that specified in the academic calendar;
- (xii) Non- transparent or unfair practices adopted by the institution for the evaluation of students;
- (xiii) On provision of student amenities as may have been promised or required to be provided by the institution;
- (xiv) Denial of quality education as promised at the time of admission or required to be provided;
- (xv) Non transparent or unfair evaluation practices;
- (xvi) Harassment and victimisation of students, including sexual harassment;

Vice - Chancellor Mangalore University 9449207503 0824 - 2287347	Director College Development Council 9448843395 0824 - 2287368	Registrar Mangalore University 9901752373 0824 - 2287276
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ಜ್ಞಾನವೇ-ಬೆಳಕು

1.5 SPARSH Committee (Sensitization, prevention and redressal of sexual harassment)

MANGALORE UNIVERSITY

NO. MU/GEN/ICC/16/2020-21/G2

Office of the Registrar
Mangalagangothri-574 199
Date: 25.01.2021

NOTIFICATION

Sub: Constitution of SPARSH (Sensitization, prevention and redressal of sexual harassment) – Special Cell

Ref: 1. UGC Letters dt. 25-10-2019 and 10-09-2020

2. Order of the Vice Chancellor dt. 20-10-2020 and 22-1-2021

3. This office letter No.MU/GEN/WSH/2020-21/G2 dt. 27-10-2020

In continuation with ref. 3) the following Committee is constituted as SPARSH (Sensitization, prevention and redressal of sexual harassment) – Special Cell in Mangalore University to deal with issue of gender-based violence and to conduct gender sensitization programme.

Sl.NO	Name of the Official with designation	Nominated as
1.	Prof. Vishalakshi B Professor, Department of P.G Studies in Chemistry Mangalore University, Mangalagangothri Tel No:0824-2287262 Mob:+91 9880218845	Chairperson
2.	Dr.Triveni Associate Professor Department Of P.G. Studies in History Mangalore University, Mangalagangothri Tel No:0824-2287294 Mob: 9480027924	Member
3.	<u>Non-Teaching Women/Men Representative</u> Smt.Sony .B.J Senior Assistant Registrar Evaluation Section Mangalore University, Mangalagangothri Tel No:0824-2287248 Mob: +91 9448021166	Member
4.	<u>One External N G O Member</u> Smt.Merlyn Martis Director of Development Education Services(DEEDS) Ananda Apartment, Kadri Mangalore-575002 Tel.No 0824-2217022, 4281037 Deeds82@rediffmail.com	Member
5.	<u>Student Representatives</u> Secretary* Student Union Council Mangalore University, Mangalagangothri *If Secretary is not available one female representative of Student Union Council - ಬೆಳಕು	Member

REGISTRAR

To,
The Concerned

Copy to :

1. The Secretary of UGC (MHRD) Govt. of India, Bahadur Shah Zafar Marg, New Delhi -110 002.
2. The Chief Secretary to the Karnataka Government, Higher Education (University), M.S. Building, Bangalore-1.
3. ಅಧ್ಯಕ್ಷರು, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಮಹಿಳಾ ಅಯೋಗ, ನಂ.107, ಕಾವೇರಿ ಭವನ, ಮೊದಲನೇ ಮಹಡಿ, ಕರ್ನಾಟಕ ಗೃಹ ಮಂಡಳಿ ಕಟ್ಟಡ, ಕೆ.ಬಿ. ರಸ್ತೆ, ಬೆಂಗಳೂರು -09.
4. The Registrar(Evaluation), Mangalore University, Mangalagangothri-574 199
5. The Librarian, Mangalore University Library, Mangalagangothri-574 199
6. The Finance Officer, Mangalore University, Mangalagangothri-574 199
7. The Chairman/Co-ordinators, All P.G. Dept./Centre of Mangalore University.
8. The Executive Engineer, Mangalore University, Mangalagangothri
9. The Director, Directorate of Student Welfare/ Physical Education/College Development Council, Mangalore University.
10. The N.S.S. Co-Ordinator, Mangalore University, Mangalagangothri.
11. The Special Officer, SC/ST Cell, Mangalore University, Mangalagangothri
12. Deputy Registrar/Asst. Registrars, Mangalore University
13. The Medical Officer, Mangalore University, Mangalagangothri
14. The Director, DUIMS Centre, Mangalore University, Mangalagangothri –Request to upload the same on University website.
15. The Faculty Advisor, University Hostel for Men/Women/Working Women's Hostel, Mangalore University, Mangalagangothri-574 199.
16. P.S.to the Vice-Chancellor/P.A. to the Registrar, Mangalore University, Mangalagangothri.
17. Superintendent of All Section of Office of the Registrar.
18. Office copy.

MANGALORE UNIVERSITY



As per the Constitution of India:

- Gender equality and liberty are fundamental human rights
- Fundamental right to life with human dignity and equality inherently includes protection from sexual harassment
- Sexual harassment results in violation of fundamental rights of a woman to equality
- Women and Girls have a right to just & favourable conditions to study and work

What is sexual harassment? As per the Act 2013:

- Any unwelcome physical, verbal or non-verbal conduct of sexual nature
- Demand or request for sexual favours
- Making sexually coloured remarks
- Physical contact and advances
- Showing pornography

Including:

- Implied or explicit promise of preferential treatment as quid pro quo for sexual favours
- Implied or explicit threat of detrimental treatment in the conduct of work
- Implied or explicit threat about the present or future status of the person concerned
- Creating an intimidating offensive or hostile learning environment
- Humiliating treatment likely to affect the health, safety, dignity or physical integrity of the person concerned

Consequences of sexual harassment:

- Suspension / Expulsion
- Mandatory Counselling / Performance of community service
- Privileges withdrawn
- Transfer within institution / Jail

Don't keep quiet

Say "NO"

Be firm

Genuine complaints with full details may be submitted to the **Mangalore University Internal Complaints Committee** at icc.mangaloreuniversity@gmail.com as per the provisions of the **Sexual Harassment of Women at Workplace (Prevention, prohibition and Redressal) Act, 2013** and the **University Grants Commission (Prevention, prohibition and redressal of sexual harassment of women employees and students in higher educational institutions) Regulations, 2015**. False or malicious complaints will be dealt with accordingly.

Sd/-
Registrar, Mangalore University

1.6 Anti-Ragging Committee

Phone: 0824-22872
Fax : 0824-2287424

ಮಂಗಳೂರು
MANGALORE



ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
UNIVERSITY

(Accredited by NAAC with 'A' Grade)

No.MU/GEN/Anti Ragging/2019-20/G4

Office of the Registrar
Mangalagangothri - 574 199
Date: 23.12.2019

NOTIFICATION

Sub : Re-Constitution of Anti-Ragging Committee to prevent ragging in Educational Institutions-Reg

Ref : 1. Letter from UGC, New Delhi Vide D.O. No: 1-15/2009 (ARC) pt. III
Dated: 27.06.2019.

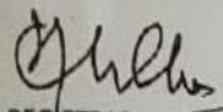
2. This Office letter dated: 08.11.2013, 16.10.2014, 02.08.2017 and 06.09.2018.

3. Order of the Vice-Chancellor dated: 13.12.2019.

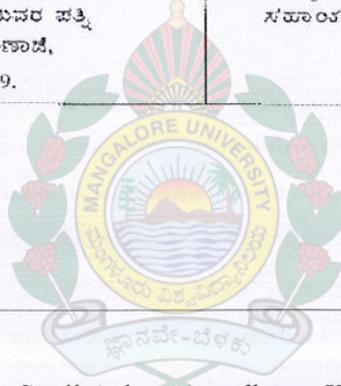
With reference to the subject cited above, Anti-Ragging Committee is re-constituted hereunder for the prevention of Ragging in Mangalore University Campus and its Constituent Colleges with following members is notified.

Sl.No	Name & Designation of the Official	Nominated as
1.	The Registrar Mangalore University, Mangalagangothri-574199 Ph: +91824 2287276, Email: registrar@mangaloreuniversity.ac.in	Chairman
2.	Prof. K. Abhaya Kumar Professor S.V.P. Kannada Studies Center Mangalore University, Mangalagangothri-574 199 Ph: + 0824-2287360, Mob: 9448468100.	Member
3.	Prof. Kishori Nayak K. Professor SPARSH(Sensitization Prevention and Redressal of Sexual Harassment), Mangalore University, Mangalagangothri-574 199 Ph : +91824 2287 381 Mob: 9342035991	Member
4.	Dr. T.N. Sreedhara Professor P.G.Dept.of studies in Business Administration Mangalore University, Mangalagangothri-574 199. Ph: +91824 2287637 Mob: +919845927457	Member
5.	Prof. Jayaraj Amin Professor P.G.Dept.of Studies in Political Science Mangalore University, Mangalagangothri-574 199 Ph : +91824 2287364, Mob-9448296840	Member
6.	Prof. Y. Muni Raju Professor P.G.Dept.of Studies in Commerce Mangalore University, Mangalagangothri-574 199 Ph : +91824 2287263 Mob: +91 9986403861	Member
7.	Prof. H.L. Shashirekha Professor P.G.Dept.of Studies in Computer Science Mangalore University, Mangalagangothri-574 199 Ph: +91824-2287670, Mob: +9480573679	Member

8.	Sub Inspector of Police Konaje Police Station Konaje, D.K-574 199	Member
9.	Sri. Kevin Mendonsa Correspondent Education Reporter Times of India, 4 th Floor, Kayarmanj Building M.G. Road, Mangalore - 575003 0824-4232200, 4232204, Mob: 8123988888	Member
10.	The President & Secretary of P.G. Students Union Mangalore University Campus Mangalagangothri-574 199	Member
11.	The President Mangalore University Teachers Association(MUTA) Mangalore University, Mangalagangothri-574 199	Member
12.	The President Mangalore University Non-Teaching Employees Association, Mangalore University, Mangalagangothri-574 199	Member
13.	The Director Directorate of Student Welfare Mangalore University, Mangalagangothri-574 199 Ph: +91824 2287453	Member
14.	Warden Mangalore University Men's Hostel Mangalore University, Mangalagangothri Ph: 0824-2287206	Special Invitee
15.	Warden Mangalore University Women's Hostel Mangalore University, Mangalagangothri Ph: 0824-2287319	Special Invitee
16.	Warden Mangalore University Working Women's Hostel Mangalore University, Mangalagangothri Ph: 0824-2287642	Special Invitee


 REGISTRAR

ಆರೋಗ್ಯ ಕೇಂದ್ರ, ಪುಂಗಲೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ			
280.	ಶ್ರೀಮತಿ ಜಯಶ್ರೀ, ಶ್ರೀ ದಿನೇಶ್ ಕುಮಾರ್ ಪಿ.ರವರ ಪತ್ನಿ, "ಮಾತೃ ಕೃಪ" ಹೆಸರ್, ಗುರುಮಂದಿರದ ಬಳಿ, ನಗ್ರಿ ಪ್ರೋಜೆಕ್ಟ್, ಬಂಟ್ವಾಳ ತಾಲೂಕು, ದಕ್ಷಿಣ ಕನ್ನಡ 574231	ಜಾಬ್ ಟೈಟಲ್ಸ್/ಕಚೇರಿ ಸಹಾಯಕರು	13,000/-
281.	ಶ್ರೀಮತಿ ಮಾಲತಿ ಡಿ., ಬನ್ ದಿವಂಗತ ದಾಸಯ್ಯ ಅಂಬೇಡ್ಕರ್ ಭವನ ರಸ್ತೆ, ಯಳಂದೂರು ತಾಲೂಕು, ಚಾಮರಾಜ ನಗರ.	ಶುಕ್ರೂಪಕಿ (ಸ್ಟಾಫ್ ನರ್ಸ್)	20,000/-
282.	ಶ್ರೀಮತಿ ಮಮತಾ ಆಚಾರ್ ಶ್ರೀ ಸುನಿಲ್ ಆಚಾರ್ ಇವರ ಪತ್ನಿ 'ಆರಾಧನಾ', ಕಡ್ರಿ ಕಂಬಲ, ಪುಂಗಲೂರು 575004	ಕೌನ್ಸಿಲ್ಲರ್	20,000/-
283.	ಶ್ರೀಮತಿ ಯಶ್ವಲತ ಯು.ಕೆ. ಬಿನ್ ಶ್ರೀ ಕೇಶವ ಯು.ಎನ್., ಊರ ಪಂಜಮನೆ, ತೋಡಿಕಾನ ಗ್ರಾಮ, ಕಲ್ಲುಗುಂಡಿ ಅಂಚೆ, ಸುಳ್ಯ ತಾಲೂಕು, ದಕ್ಷಿಣ ಕನ್ನಡ ಜಿಲ್ಲೆ.	ಶುಕ್ರೂಪಕಿ	33,440/-
284.	ಶ್ರೀ ಮೊಹಮ್ಮದ್ ಮುಹಸೀನ್, ನಫಿಯಾ ಮಂದಿರಲ್, #6-40/15 ಮಾಲಿಪಳ್ಳ, ಮದು, ಬಂಟ್ವಾಳ ತಾಲೂಕು.	ಫಾರ್ಮಸಿಸ್ಟ್	27,640/-
ವಿಶ್ವವಿದ್ಯಾನಿಲಯ ಉದ್ಯೋಗ ಮಾಹಿತಿ ಮತ್ತು ಮಾರ್ಗದರ್ಶನ ಕೇಂದ್ರ			
285.	ಶ್ರೀಮತಿ ಸಾರಿತಾ ಶ್ರೀ ರಾಜೇಶ್ ಪೂಜಾರಿಯವರ ಪತ್ನಿ, ದಾಸರಮೂಲೆ ಮನೆ, ಕೋಣಾಜೆ, ಪುಂಗಲೂರು - 574 199.	ಜಾಬ್ ಟೈಟಲ್ಸ್/ಕಚೇರಿ ಸಹಾಯಕರು	13,000/-



(Handwritten signature)
21/1/2021
ಕುಲಸಚಿವರು

Certified Translated Extracts:

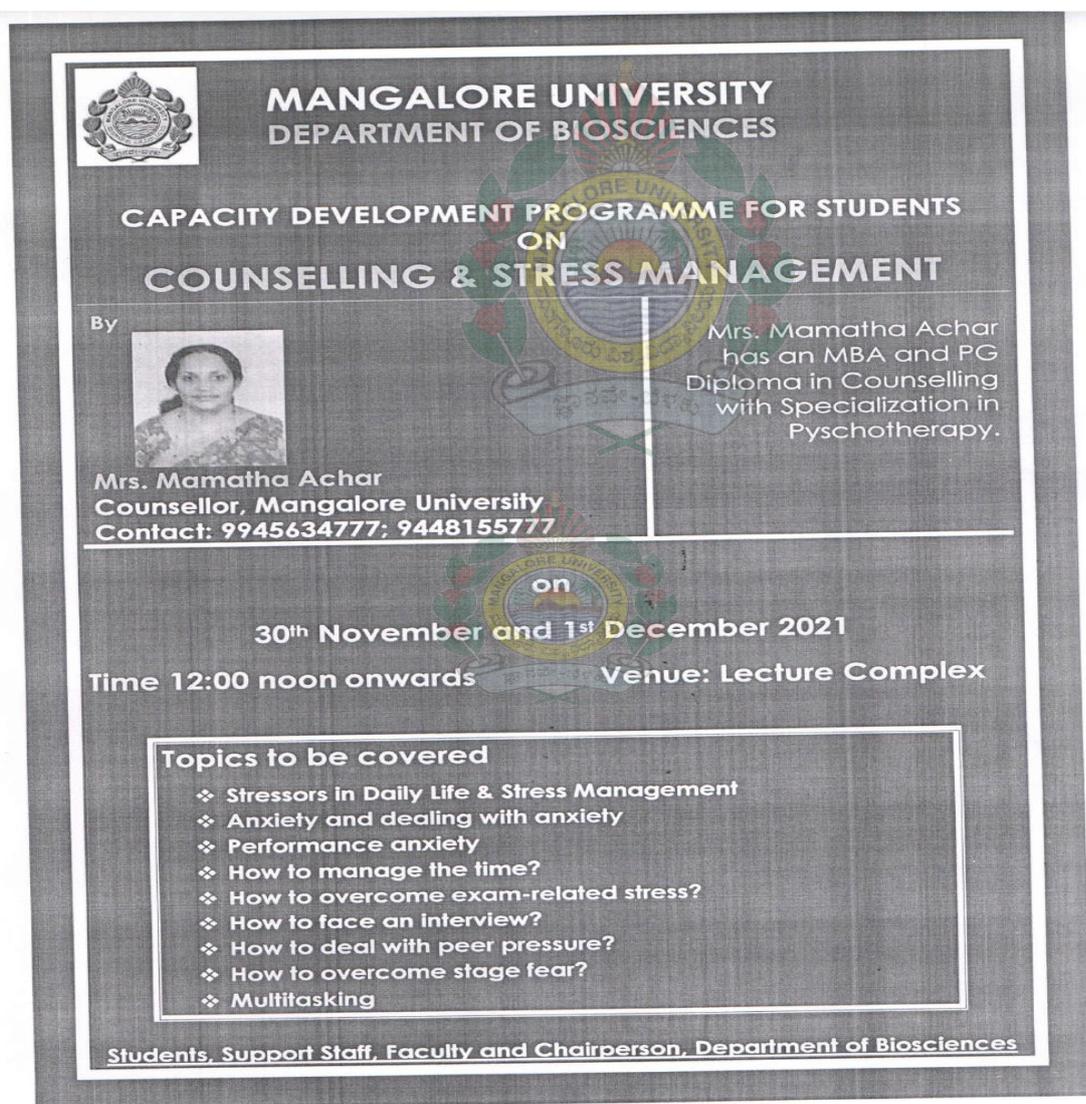
Smt. Mamatha Achar, W/o Sri. Sunil Achar, Aaradhana, Kadri Kambla, Mangalore – 575004 is appointed as Counsellor at Mangalore University on temporary basis with a monthly honorarium of Rs. 20,000/- for a period of six months with immediate effect or until further orders whichever is earlier dated on 12-01-2021.

(Handwritten signature)
Registrar, Mangalore University
Mangalagangothri
Registrar
MANGALORE UNIVERSITY
MANGALAGANGOTRI - 574 199

2.2 Counselling and stress management for students

Department of Biosciences organized a Counselling and Stress management Session by Mrs. Mamatha Achar Counsellor, Mangalore University. 134 students were joined and benefited.

In the beginning she talked about stressors in daily life. She gave an elaborated explanation on stressor that cause tension in our daily life. She mentioned about the symptoms of anxiety such as feeling nervous, restless or tens, breathing rapidly, sweating, feeling weak or tired, trouble concentrating or thinking about anything other than present worry having an increased heart rate etc. She also gave new ideas about how to manage the stress, multitasking, how to manage the time. She also gave several tips to overcome exam related stress such as, keep focused on your study, don't let other stuffs like friendship worries, function worries that distractive good sleep at night, waking up early morning etc. How to face interviews, how to deal with peer pressure, how to overcome stage fear. There was a lengthy discussion with students regarding their queries. The programme was well organized, at the end of the session students raised their queries to the speaker and were well clarified.



MANGALORE UNIVERSITY
DEPARTMENT OF BIOSCIENCES

**CAPACITY DEVELOPMENT PROGRAMME FOR STUDENTS
ON
COUNSELLING & STRESS MANAGEMENT**

By



Mrs. Mamatha Achar
Counsellor, Mangalore University
Contact: 9945634777; 9448155777

Mrs. Mamatha Achar
has an MBA and PG
Diploma in Counselling
with Specialization in
Psychotherapy.

30th November and 1st December 2021

Time 12:00 noon onwards **Venue: Lecture Complex**

Topics to be covered

- ❖ Stressors in Daily Life & Stress Management
- ❖ Anxiety and dealing with anxiety
- ❖ Performance anxiety
- ❖ How to manage the time?
- ❖ How to overcome exam-related stress?
- ❖ How to face an interview?
- ❖ How to deal with peer pressure?
- ❖ How to overcome stage fear?
- ❖ Multitasking

Students, Support Staff, Faculty and Chairperson, Department of Biosciences



3. Common Rooms

University has common room for women in all the faculty buildings as well as administrative block with adequate infrastructure



4. Day care centre



Link of Day care centre

<https://mangaloreuniversity.ac.in/day-care-centre>

5. Any other relevant information

Child Care Leave



ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ನಡವಳಿಗಳು

ವಿಷಯ: ಕರ್ನಾಟಕ ರಾಜ್ಯ ಸರ್ಕಾರಿ ಮಹಿಳಾ ನೌಕರರಿಗೆ ಶಿಶುಪಾಲನಾ ರಜೆ ಮಂಜೂರು ಮಾಡುವ ಕುರಿತು.

ಓದಲಾಗಿದೆ: 1. ಸರ್ಕಾರಿ ಆದೇಶ ಸಂಖ್ಯೆ: ಆಇ 1 ಸೇನಿಸೇ 2011, ದಿನಾಂಕ:29.06.2011.

ಪ್ರಸ್ತಾವನೆ:

ಮೇಲೆ ಓದಲಾದ(1)ರ ಆದೇಶದಲ್ಲಿ ಬುದ್ಧಿಮಾಂದ್ಯ/ಅಂಗವಿಕಲ ಮಕ್ಕಳನ್ನು ನೋಡಿಕೊಳ್ಳಲು ರಾಜ್ಯ ಸರ್ಕಾರಿ ಮಹಿಳಾ ನೌಕರರಿಗೆ ವೈದ್ಯಕೀಯ ಮಂಡಳಿಯ ಪ್ರಮಾಣ ಪತ್ರದ ಅಧಾರದ ಮೇಲೆ ಕೆಲವು ಷರತ್ತಿಗೊಳಪಟ್ಟು ಒಂದು ವರ್ಷದಲ್ಲಿ ಮೂರು ಕಂತುಗಳಿಗೆ ಮೀರದಂತೆ ಹಾಗೂ 15 ದಿನಗಳಿಗೆ ಕಡಿಮೆ ಇಲ್ಲದಂತೆ ಇಡೀ ಸೇವಾವಧಿಯಲ್ಲಿ ಎರಡು ವರ್ಷಗಳ ಅವಧಿಗೆ ಅಂದರೆ 730 ದಿನಗಳ ಶಿಶುಪಾಲನಾ ರಜೆಯನ್ನು ಮಂಜೂರು ಮಾಡಲಾಗಿದೆ.

ಪ್ರಸಕ್ತ ಸರ್ಕಾರವು 2021-22ನೇ ಸಾಲಿನ ಆಯವ್ಯಯ ಭಾಷಣದ ಕಂಡಿಕೆ-37ರಲ್ಲಿ ರಾಜ್ಯ ಸರ್ಕಾರದ ಮಹಿಳಾ ನೌಕರರಿಗೆ ಜಾರಿಯಲ್ಲಿರುವ ಪ್ರಸೂತಿ ರಜೆಯೊಂದಿಗೆ ಒಟ್ಟು ಸೇವಾವಧಿಯಲ್ಲಿ ಆರು ತಿಂಗಳವರೆಗೆ ಅಂದರೆ 180 ದಿನಗಳ ಶಿಶುಪಾಲನಾ ರಜೆಯನ್ನು ಘೋಷಿಸಿದ್ದು, ಈ ಕುರಿತಂತೆ ರಾಜ್ಯ ಸರ್ಕಾರವು ಪರಿಶೀಲಿಸಿ ಈ ಕೆಳಕಂಡಂತೆ ಆದೇಶಿಸಿದೆ.

ಸರ್ಕಾರಿ ಆದೇಶ ಸಂಖ್ಯೆ: ಆಇ 4(ಇ) ಸೇನಿಸೇ 2021 ಬೆಂಗಳೂರು, ದಿನಾಂಕ: 21.06.2021

ಕರ್ನಾಟಕ ರಾಜ್ಯ ಸರ್ಕಾರಿ ಮಹಿಳಾ ನೌಕರರಿಗೆ ಈ ಕೆಳಕಂಡ ಷರತ್ತುಗಳ ಮೇರೆಗೆ ಇಡೀ ಸೇವಾವಧಿಯಲ್ಲಿ ಗರಿಷ್ಠ ಆರು ತಿಂಗಳವರೆಗೆ ಅಂದರೆ 180 ದಿನಗಳ "ಶಿಶುಪಾಲನಾ ರಜೆ"ಯನ್ನು, ರಜೆಯನ್ನು ಮಂಜೂರು ಮಾಡುವ ಸಕ್ಷಮ ಪ್ರಾಧಿಕಾರವು ಮಂಜೂರು ಮಾಡತಕ್ಕದ್ದು.

- ಮಹಿಳಾ ಸರ್ಕಾರಿ ನೌಕರಳು ಹೊಂದಿರುವ ಮಕ್ಕಳ ಸಂಖ್ಯೆಯನ್ನು ಪರಿಗಣಿಸದೆ, ಅತ್ಯಂತ ಕಿರಿಯ ಮಗುವು 18 ವರ್ಷ ತಲುಪುವವರೆಗಿನ ಅವಧಿಗೆ ಮಾತ್ರ ಈ ರಜೆಯ ಸೌಲಭ್ಯಕ್ಕೆ ಅರ್ಹರಾಗತಕ್ಕದ್ದು.
- ಈ ರಜೆಯ ಅವಧಿಯಲ್ಲಿ ಅವಳು ರಜೆಯ ಮೇಲೆ ಹೋಗುವ ನಿಕಟ ಪೂರ್ವದಲ್ಲಿ ಪಡೆಯಲರ್ಹವಿರುವ ಸಂಪೂರ್ಣ ವೇತನಕ್ಕೆ ಸಮನಾದ ರಜೆ ಸಂಬಳಕ್ಕೆ ಅರ್ಹರಾಗತಕ್ಕದ್ದು.
- ಪ್ರತಿ ಬಾರಿಯ ಈ ರಜೆ ಮಂಜೂರಾತಿಯು ಕನಿಷ್ಠ 15 ದಿನಗಳಿಗಿಂತ ಕಡಿಮೆ ಇರಬಾರದು.
- ಮಹಿಳಾ ಸರ್ಕಾರಿ ನೌಕರಳು ಈ ರಜೆಯನ್ನು ಸಾಂದರ್ಭಿಕ ರಜೆಯ ಹೊರತಾಗಿ, ನಿಯಮಾನುಸಾರ ಪಡೆಯಲರ್ಹವಿರುವ ಅಸಾಧಾರಣ ರಜೆಯೂ ಒಳಗೊಂಡಂತೆ ಇತರೆ ರಜೆಯೊಂದಿಗೆ ಸಂಯೋಜಿಸಿ ಪಡೆಯಬಹುದು.
- ಈ ರಜೆಯನ್ನು ಯಾವುದೇ ರಜೆ ಲೆಕ್ಕದಿಂದ ಕಳೆಯತಕ್ಕದ್ದಲ್ಲ. ಉಪಯೋಗಿಸಿಕೊಳ್ಳದ ಈ ಸೌಲಭ್ಯದ ಸಂಬಂಧದಲ್ಲಿನ ರಜೆಯನ್ನು ಗಳಿಕೆ ರಜೆ ಲೆಕ್ಕಕ್ಕೆ ಜಮೆಗೊಳಿಸಲು/ನಗದೀಕರಿಸಲು ಅವಕಾಶವಿರುವುದಿಲ್ಲ.
- ಬುದ್ಧಿಮಾಂದ್ಯ/ಅಂಗವಿಕಲ ಮಕ್ಕಳನ್ನು ಹೊಂದಿರುವ ಸರ್ಕಾರಿ ಮಹಿಳಾ ನೌಕರರಿಗೆ ಮಂಜೂರು ಮಾಡಿರುವ 730 ದಿನಗಳ ಶಿಶುಪಾಲನಾ ರಜೆ ಸೌಲಭ್ಯಕ್ಕೆ ಅರ್ಹರಾದ ಯಾವುದೇ ನೌಕರಳು ಆ ಯೋಜನೆಯನ್ನು ಆಯ್ಕೆ ಮಾಡಿಕೊಳ್ಳತಕ್ಕದ್ದು. ಅದರೊಂದಿಗೆ ಈ ಯೋಜನೆಯಡಿಯಲ್ಲಿನ ಸೌಲಭ್ಯಕ್ಕೂ ಅರ್ಹರಾಗತಕ್ಕದ್ದಲ್ಲ.
- ಶಿಶುಪಾಲನಾ ರಜೆಯ ಮಂಜೂರಾತಿಗಾಗಿ ಯಾವುದೇ ಪೂರಕ ದಾಖಲೆಗಳನ್ನು, ಪಡೆಯುವ ಅವಶ್ಯಕತೆಯಿರುವುದಿಲ್ಲ. ಸೇವಾ ಪುಸ್ತಕದಲ್ಲಿ ನಮೂದಿಸಿರುವ ಮಕ್ಕಳ ವಿವರಗಳ ಅಧಾರದ ಮೇಲೆ ಮಂಜೂರು ಮಾಡತಕ್ಕದ್ದು.

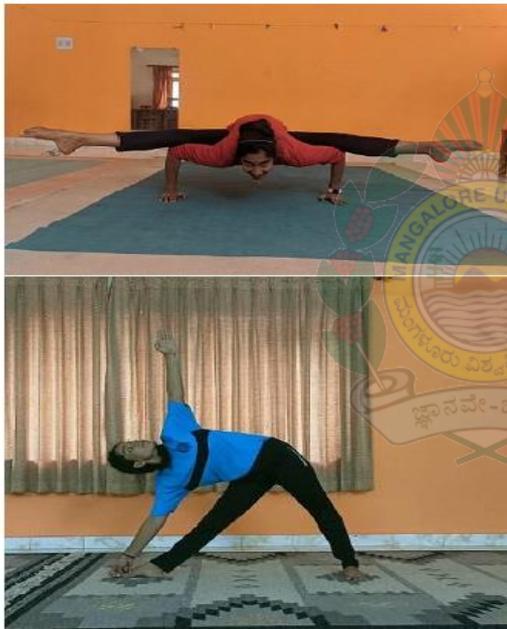
...2/-

Yoga and fitness centre for good physical and mental health

Fitness centre for Women in Hostel



Yoga and Meditation facility



Latitude: 12.814995
Longitude: 74.922855
Elevation: 107.84m
Accuracy: 11.5m
Time: 04-02-2020 08:07
Note: Yoga pranayama and meditation