Reg. No. $\square$
FNDFNC 157
Credit Based II Semester B.Sc. (FND) Degree Examination, September 2022 (2018 - 19 and Earlier Batches) HUMAN NUTRITION - II

Time : 3 Hours
Max. Marks : 80
PART - A
I. 1) Answer any ten of the following.
a) Write the source of calcium.
b) Write the classification of minerals.
c) Give the importance of water.
d) Write the source of magnesium.
e) Write a note on night blindness.
f) Write the nutritional requirement of ascorbic acid.
g) What is oedema ?
h) Define fibre and write any 2 roles in human nutrition.
i) Write any 2 function of sulphur.
j) Write a note on goitre.
k) Write any 2 function of Vitamin B12.
I) Write the uses of Vitamin E.

PART - B
II. Answer the following.
( $4 \times 15=60$ )
2) a) Write the source of phosphorus.
b) Explain the functions of sodium. 5
c) Briefly explain on deficiency of calcium. 7

OR
3) a) Write the requirements of calcium. 4
b) Give a detailed account on deficiency of sodium. 4
c) Explain in detail functions of phosphorus. 7

4) a) Write a note on sources of chromium. ..... 3
b) Discuss the deficiency of iodine. ..... 5
c) Explain the sources and functions of iron. ..... 7
OR
5) a) Explain the source of selenium. ..... 4
b) Discuss on functions of zinc. ..... 4
c) Briefly explain on deficiency of copper. ..... 7
6) a) Write a note on rickets. ..... 3
b) Discuss the function of Vitamin K. ..... 5
c) Explain in detail absorption of Vitamin E with factors affecting it. ..... 7
OR
7) a) Explain the classification of Vitamin. ..... 4
b) Discuss on functions of pantothenic acid. ..... 4
c) Briefly explain on functions and requirements ascorbic acid. ..... 7
8) a) Write a note on dehydration. ..... 3
b) Discuss on importance of water. ..... 5
c) Explain in detail role of fibre in human body. ..... 7
OR
9) a) Write note on distribution of water in human body. ..... 3
b) Write the definition and classifications of fibre. ..... 5
c) Briefly explain on water balance and requirement. ..... 7
