



# **Mangalore University**



## **Youth Red Cross**

### **Syllabus for III, IV, V & VI Semester**

#### **Academic year 2022 - 23 onwards**

**Mangalore University**  
**Youth Red Cross Syllabus for Skill Enhancement Courses (SEC) (BA/BSc/BCom/BBA/BCA & all other UG programmes)**

**III Semester**

YOUTH RED CROSS	
No of Credits	No of Practical hours/Semester
<b>01</b>	<b>25</b>

Course Objectives	Teaching Learning Process	Learning Outcomes	Course Evaluation
<p>1. To provide facts, figures of blood types, donors and blood storage.</p> <p>2. To study about various kinds of disasters as well as their causes, this will prepare youth to take precautions.</p>	<p>1. Lecture/PPT</p> <p>2. Assignment/Projects</p> <p>3. Online and Offline</p> <p>4. Self and Referral Studies</p> <p>5. Focused Group discussion</p> <p>6. Training</p> <p>7. Internship</p> <p>8. Residential/ Non Residential Camps</p> <p>9. Case Study</p> <p>10. Survey</p>	<p>1. Youths will acknowledge the importance of Blood donation and will be well prepared to donate blood regularly, also influence others to do the same.</p> <p>2. Preparedness to assess the situation and contribute for recovery during any sort of disaster.</p>	<p>Formative Assessment for 25 marks.</p> <p>Camp/Internship-internal Viva-Voce and Report Submission</p>

**Syllabus, Chapter and Input-wise Objectives:**

**Objectives:**

1. To sensitize them on the need for voluntary blood donation and to practice it as a virtue
2. To prepare them to volunteer their services in accidental and natural emergencies.

**Outcomes:**

1. They learn about calculated risk taking. Develop altruistic values.
2. Their functions skills are upgraded and Orient them for social cause.

Chapters	Subjects	Teaching Hours	Internal Marks
1	Blood Donation: Concept/ Significance/ Eligibility/- Blood in Human Body-Types of Blood/Storage and testing after Blood Donation.	10	10
2	Disaster Management: Meaning/Vulnerability/Types: Man Made/ Natural / Hydride ( Man & Nature)- Retro fitting/ Awareness & Preparedness on Disaster Management/ Search & Rescue/Resilience/ Mitigation/ Relief & Rehabilitation & Sheltering/Triaging/Family News Service/ Hygiene Promotion/ Psychological care & Support./ Food & Medicine Distribution	15	15
		25	25

### **References:**

- Biddle, W.W., and Biddle L.J. The Community Development Process. New York: Holt, Rinehart and Winston, 1965.
- Damon, P. Copola, (2006) Introduction to International Disaster Management, Butterworth
- Disaster Management Guidelines, GOI-UND Disaster Risk Program (2009-2012)
- Dahama, O. P., and O. P. Bhatnagar. Education and Communication for Development. New Delhi: Oxford & IBH Publishing Co., 1985.
- Gupta A.K., Niar S.S and Chatterjee S. (2013) Disaster management and Risk Reduction,
- Samuel. Problem Solving in Families: Research and Practice. New Delhi: Sage Publications, 1999.
- Schwartz, Mary Ann, and Barbara Marliene Scott. Marriages and Families. 3<sup>rd</sup> ed. New Jersey: Prentice Hall, 2000.
- Murthy D.B.N. (2012) Disaster Management, Deep and Deep Publication PVT. Ltd. New Delhi.
- Role of Environmental Knowledge, Narosa Publishing House, Delhi.
- Yudenich,V.V. Accident First Aid.Moscow:MIR Publishers,1982.
- ಸಾಗೇಶ್ವರ. ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ. ಬೆಂಗಳೂರು: ಹೇಮಂತ ಸಾಹಿತ್ಯ, 2008

### **E- References:**

- <https://www.indianredcross.org/ircs/index.php>

**IV semester**

YOUTH RED CROSS	
No of Credits	No of Practical hours/Semester
01	25

Course Objectives	Teaching Learning Process	Learning Outcomes	Course Evaluation
<p>1. To be aware of different kinds of facilities, opportunities, duties and responsibilities youths have.</p> <p>2. To be conscious of diverse schemes and programs government offers for the citizens of India.</p>	<p>1. Lecture/PPT</p> <p>2. Assignment/Projects</p> <p>3. Online &amp; Offline</p> <p>4. Self and Referral Studies</p> <p>5. Focused Group discussion</p> <p>6. Training</p> <p>7. Internship</p> <p>8. Residential &amp; Non Residential Camps</p> <p>9. Case Study</p> <p>10. Survey</p>	<p>1. To contribute for the betterment of the society by making use of different facilities available</p> <p>2. Identify beneficiaries of schemes and programs provided by the government.</p>	<p>Formative Assessment for 25 marks.</p> <p>Camp/Internship - internal VivaVoce and Report Submission</p>

**Syllabus, Chapter and Input-wise Objectives:**

**Objectives**

1. To attune them towards the minimum skills and competencies needed to function as useful citizens
2. To impart information on welfare schemes available to the poor and needy.

**Outcomes:**

1. They are enabled to identify the right beneficiaries and guide them.

Chapters	Subjects	Teaching Hours	Internal Marks
1	Basic Awareness on – Consumer Awareness- Employment Awareness- Community Resources mobilization & Utilization – Health Awareness Facilities- Awareness of Law & Governance-	15	15

2	Government of India Flagship programs for Community Development -Water conservation-Waste Management- Environment Protection-Bank programs like Sukanya-PMJBY-Bhagya Laxmi-Education Program like Beti Padao Beti Bachao- gender ratio etc.	10	10
		25	25

**References:**

- Dhama, O.P. Extension and Rural Welfare. Agra: Ram Prasad & Sons, 1968.
- Datar, Sudha, et al., eds. Skill Training for Social Workers: A Manual. New Delhi: Sage Publications India, 2010. □ Desmond, D'Abreo. From Development Worker to Activist. Mangalore: DEEDS, 1989.
- Gangrade, K.D. Community Organisation in India. Bombay: Popular Prakashan, 1971.
- Goel, S.L., and Rajneesh Shalini. Panchayati Raj in India. New Delhi: Deep and Deep Publications, 2003.
- Stephen, T.S. Project Formulation for Voluntary Organisations. Bhubaneshwar: PDC, 1994.
- ಹೆಗಡೆ ರೇಖಾ. ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ ಚೆನ್ನೈ: ಸುರಾ ಬುಕ್ಸ್ ಪ್ರೈವೇಟ್ ಲಿಮಿಟೆಡ್, 2009
- **E- References:**
- <https://www.indianredcross.org/ircs/index.php> □ **Journals:.**
- Journal of Social Work and Development Issues. Udaipur School of Social Work.

**Teaching Eligibility Criteria:**

It is mandatory for the Youth Red Cross (YRC) Programme officers to undergo at least two- day Training of Trainers (ToT). YRC program officer will work as course coordinator and decide two hours for conducting sessions during weekend or holidays. YRC program officer shall identify resource persons available within his/her college and outside the colleges and Voluntary organizations to engage the classes.

Along with the above syllabus all other YRC activities mentioned in the programme guidelines issued by the Government of Karnataka Department of Higher Education in their letter No: ED 38 Vividha 2016, dated: 17/06/2016, Bengaluru. Shall be scrupulously followed.

**V semester**

YOUTH RED CROSS	
No of Credits	No of Practical hours/Semester
01	25

Course Objectives	Teaching Learning Process	Learning Outcomes	Course Evaluation
1. To Developing values and attitudes that are appropriate for working with community people from various cultural, religious, socio-economic, and political backgrounds	1. Lecture/PPT 2. Assignment/Projects 3. Self and Referral Studies 4. Focused Group discussion 5. Training 6. Case Study 7. Survey	Youth attain professionalism in voluntary action by working with community people from various cultural, religious, socio-economic, and political backgrounds.	Formative Assessment for 25 marks.  Camp/Internship- internal Viva-Voce and Report Submission

**Syllabus, Chapter and Input-wise Objectives:**

**Objectives:**

1. To make them understand the need for co- operative group living through organising out door camping.
2. To enable them to learn hand-on experience as internees and attaches and also analyse the experience gained.
3. To teach them problem solving skills.
4. To impart reporting skills.

**Outcomes:**

1. Learn to adapt themselves into new situations
2. Learn to link their abilities to the organizational needs of the interned or attached agencies.
3. Helps in gaining negotiating skills in problem solving.
4. Learn to write and record daily activities, work done report and lessons learnt during the placement settings

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Chapters	Subjects	Teaching Hours	Internal Marks
01	<p><b><u>Internships &amp; attachments- suggestive agencies:</u></b></p> <p><b>8 hours a day/5 days/ total 40 hours of Service for a student:</b></p> <p>Attachments in Hospitals/ Schools/ Govt. Establishment's/ Police/ Fire service/Dispensaries/Clinic/Medical Shops/ Nursing home/ Blood Banks/ Pathological laboratories / Anganavadi/ NGO's/ Primary health Care Center/ Self Help Group/Voluntary Organization/Panchayat/ Town Municipals/ City Corporation/ Traffic Control – Road Safety/ Elderly Homes/ Rescue and Rehabilitation/ Destitute centers/ Cooperative Centers/ Help Desk/ Emergency Service centers/ Child line centers</p> <ul style="list-style-type: none"> <li>• Attendance certificate from concerned authority to acknowledge their service is mandatory)</li> <li>• Submitting a Report on his/her Internships &amp; attachments service to Programme Officer (PO) during Holidays or half days</li> </ul>	25	25
		25	25

**References:**

- Aims, Policy, Rules & Organization. New Delhi: The Bharath Scouts&Guides.2008
- Belilios, Arthur D., Desmond K Mulvany, and Katharine F Armstrong. A Handbook of First AID and Bandaging. London: Balliere, Tindall & Cox., 1962
- Bezzant, Norman. First Aid for Everyday Emergencies. Bombay: Jaico Publishing House,1980
- Chouhan,T.S. Disaster Management: In 21 Century.Jaipur: Mark Publishers,2012.
- Goel, S. L. Disaster Administration & Management: Text & Case Studies. New Delhi: Deep & Deep Publications, 2007.
- Kapoor, Mukesh. Disaster Management. New Delhi: Saurabh Publishing House,2012.
- Misra, Anish. Recent Approaches on Disaster Management. New Delhi: Random Publications, 2011.
- Natarajan, Mayilvahanan. Principles of First Aid & Home Nursing. Madras: Indian Red Cross Society, Tamilnadu Branch, 1993.
- **E- References:**
- <https://www.indianredcross.org/ircs/index.php> □ **Journals:**
- Participative Development. Centre for Social Research and Development

## VI semester

YOUTH RED CROSS	
No of Credits	No of Practical hours/Semester
01	25

Course Objectives	Teaching Learning Process	Learning Outcomes	Course Evaluation
<p>1. To obtain practical experience for self-development and for the betterment of the society.</p> <p>2. To understand the community networking and its effective linkages to wellbeing of community.</p>	<p>1. Lecture/PPT 2. Assignment/Projects 3. Self and Referral Studies 4. Focused Group discussion 5. Training 6. Case Study 7. Survey</p>	<p>1. Confidence level is enhanced and positive skills are developed for empowerment</p>	<p>Formative Assessment for 25 marks.</p> <p>Camp/Internship-internal Viva-Voce and Report Submission</p>

### **Syllabus, Chapter and Input-wise Objectives:**

#### **Objectives:**

1. To help develop organizational skills
2. To develop capacities to adjust to new environs.
3. Regular inter – face with the community.
4. To understand the problems and find solutions with community participation.

#### **Outcomes:**

1. They learn to share responsibilities and analyse the experience.
2. Adjust themselves to situations
3. Gain first hand knowledge of the community in which they live or intend to serve.
4. Acquire writing and reporting skills

Chapter	Subjects	Teaching hours	Internal Marks



01	<p><b><u>Community Camps (Residential or Non Residential)</u></b></p> <ol style="list-style-type: none"> <li>1. 8 hours a day/5 days/ total 40 hours</li> <li>2. The theoretical knowledge must be helpful in implementing the camping activities</li> <li>3. Budget could be mobilized from the local donations or college YRC unit fund</li> <li>4. Camps can be conducted at the college level for their own students or at the cluster level clubbing other small college units together.</li> </ol>	25	25
		25	25

**Teaching Eligibility Criteria:**

It is mandatory for the Youth Red Cross (YRC) Programme officers to undergo at least two- day Training of Trainers (ToT). YRC program officer will work as course coordinator and decide two hours for conducting sessions during weekend or holidays. YRC program officer shall identify resource persons available within his/her college and outside the colleges and Voluntary organizations to engage the classes.

Along with the above syllabus all other YRC activities mentioned in the programme guidelines issued by the Government of Karnataka Department of Higher Education in their letter No: ED 38 Vividha 2016, dated: 17/06/2016, Bengaluru. Shall be scrupulously followed.

**Certification:**

Core Group Youth Red Cross Volunteers on Completion of all Semesters of Volunteership and assigned tasks and targets shall be issued with the certificate by the University on receipt of the eligible list of volunteers from the colleges.

**References:**

- Ganguli, L.K.,and A. K. Ganguli. First Aid to the Injured, Nursing and Bandaging. Calcutta: Academic Publishers, 1979.
- Girl Guiding in India.New Delhi:The Bharath Scouts &Guides.2002.
- Newburn, Time. Disaster and After: Social Work in the Aftermath of Disaster. London: Jessica Kingsley Publishers, 1993.
- Palanithurai, G. Panchayats in Disaster Preparedness and Management. New Delhi: Concept Publishing Company, 2009.
- Reza, B. K. Disaster Management. Delhi: Global Publications,2010.
- Sahni, Pradeep, Alka Dhameja, and Uma Medury. Disaster Mitigation: Experiences and Reflections. New Delhi: PHI Learning Private Limited, 2011.
- Shaw, Rajib, and Krishnamurthy R.R. Disaster Management: Global Challenges and Local Solutions. Hyderabad: Universities Press, 2009. □ Singh, R.B. Disaster Management. Jaipur: Rawat Publications,2000.
- Uttarkhand Disaster 2013. New Delhi: National Institute of Disaster Management. 2015.
- Yadav, R. J. Disaster Management in India; Acts: Policies: Guidelines. Vol. I& II. Jaipur: Paradise Publishers, 2011.
- Modh S. (2010) Managing Natural Disasters, Mac Millan publishers India LTD.

- First Aid Hand Book. Bengaluru: Indian Red Cross Society. Karnataka State Red Cross Branch, 2017.
- First Aid Manual: The Authorised Manual of St. John Ambulance St. Andrew's
- Ambulance Association The British Red Cross Society. London: Dorling Kindersley, 1987.
- INDIAN FIRST AID MANUAL 2016 (7th edition) AUTHORIZED MANUAL – ENGLISH VERSION
- ಡಾ. ಸತ್ಯನಾರಾಯಣ, ಎಂ. ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ ಬೆಂಗಳೂರು: ನವ ಕರ್ನಾಟಕ ಪಬ್ಲಿಕೇಷನ್ಸ್ ಪ್ರೈವೇಟ್ ಲಿಮಿಟೆಡ್,2011

#### □ **E- References:**

- <https://www.indianredcross.org/ircs/index.php>
- **Journals:**
  - Social Change. Journal of the Council for Social Development.